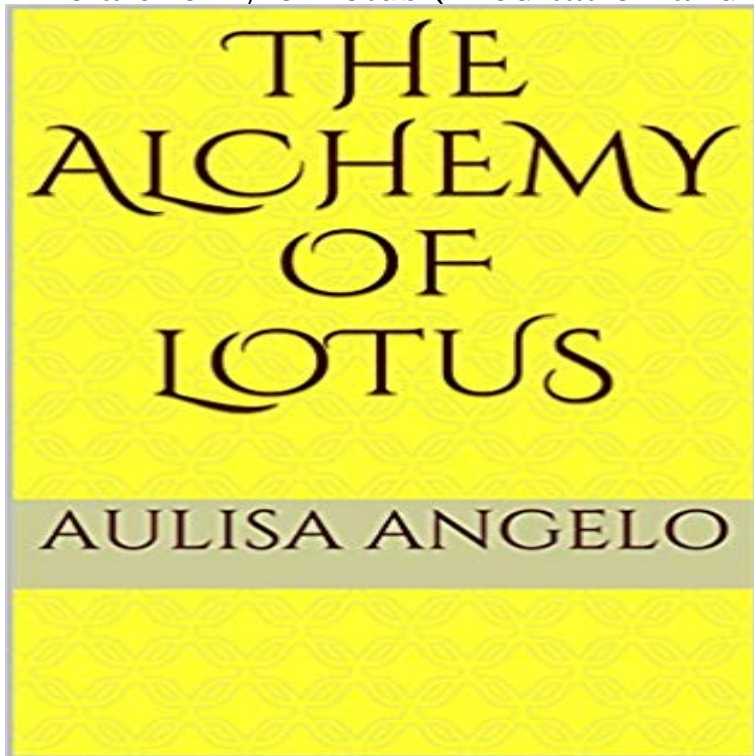


## The alchemy of lotus (Meditation and consciousness Book 3)



Self help not fiction, this book is about rediscover your inner being, through meditation, the vertical dimension of meditation of deeper and higher, the mind unconscious is always on a horizontal dimension the past project into the present, the present projecting into a imaginary future, the present of the mind is dominated by the past a disease present, that is why i call my present less, because no connection with past or imaginary future. The present less i mean is the gate less gate to your inner being, the vertical dimension, and silence the gate less gate to the empty consciousness, awareness, infinity the source ...Angelo Aulisa

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