

Get Dressed Not Stressed



How to look fabulous all the time...no matter what your size, your weight or your age!Hi, I am Rita Noon,I am an Image Consultant of a certain age and I am absolutely passionate about people learning how to dress well, look good and make clothes shopping (and wearing) fun. Sounds good? I think so.Like most females, I have had a love/hate relationship with clothes, my weight and my bank balance for years. I loved clothes, hated my weight and had a haemorrhaging bank balance all in the pursuit of the perfect wardrobe. Good times.....I have had some great jobs, all of which gave me the perfect reason to have a Business wardrobe, a Social wardrobe, an exercise (oh my word yes) wardrobe, a Casual/At Home wardrobe and any other wardrobe I could justify! Then of course, there were the shoes so many shoes!At this point, I have to say that I really dont think I looked all that bad well all those clothes could not have been wrong. And they werent however, most of them were not that good, either.Every time I went into a clothing store, I was searching for the perfect garment that would make my legs longer, my waist smaller, my stomach flatter and all my other bits just perfect. Do you know the funny thing, every so often some clever little number, would do pretty much just that! Wow, of course I would have to have it and I did. However the very next time I shopped, I could no more replicate that experience than fly. The reason being, I did not KNOW why the first worked. The inability to replicate was not caused by the garment/s, it was caused by my LACK OF KNOWLEDGE!My body had not changed (significantly) between successful shopping outing A and very unhappy, not successful shopping outing B.I have learned how to dress myself (quite an achievement for a woman of a certain age I hear you say), however, more importantly I have learned how to successfully dress

other people by giving them their own Knowledge!

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there, get changed, lie down for an hour, then you have to get dressed again. **Boo Who - Google Books Result Get Dressed, Not Stressed - Rita Noon** Who said you cant shine in all black? This night time look gives you all the sparkle you need whithout over doing it. Hope you like this fun textured look! Xxx. **Change Your Wardrobe, Change Your Life!** Nov 14, 2012 Get Dressed, not Stressed! closet stress. Do you agonize over what to wear most days? Are you overwhelmed when shopping for clothing? He was not stressed about finishing his cereal in time to go to church. He wasnt watching the clock in order to eat, get dressed, and get packed for his journey to **Very sexy skinny green denim jeans! How to get dressed, not Im Your Man - Google Books Result** Over a dress? Thats I know planning a wedding is stressful Youre not stressed out. Luckily, Sheriff Parker had disappeared upstairs to get dressed. **Get Dressed, Not Stressed! Look Great No Matter - Dailymotion** Get Dressed, Not Stressed! ebook. Author: Rita Noon. Arts Beauty ebooks. Price: 27.00 Buy here! **Sanity Secrets for Stressed-Out Women - Google Books Result** Jan 23, 2013 Do you spend a good part of your morning staring into your closet completely stressed out about what you are going to wear? If that sounds like **Games of the Heart: - Google Books Result** Getting dressed for work or school is no longer an agonizing decision or an aerobic exercise. (Im not suggesting you get rid of everything. Keep the first-aid **Get dressed not stressed! - Constant Contact 4 ?????? ???? Link with discount: <http://m39tnh7> Do You Have A Closet Full Of Clothes But Still Have NOTHING To Wear?? What if you ditched **Tesese Zache Designs - Get Dressed Not Stressed - Facebook** Oct 1, 2012 Today it brings me great pride to unveil a brand-new HuffPost Style. We celebrated our 4th birthday on July 28th (complete with Momofuku Milk **dressrelief Get dressed not stressed** Gorgeous men in jeans! Get dressed, not stressed, every morning - <http://go/dressednotstressed/> **Pinterest The worlds catalog of ideas** Rita Noon is an image consultant whose passion is helping women look their best - no matter their size, weight or age. **Get Dressed, Not Stressed! (Ebook) - Aug 11, 2009** Look familiar? Do you walk into your closet and feel like crying?! Do you find yourself scrambling every morning wondering what to wear?**