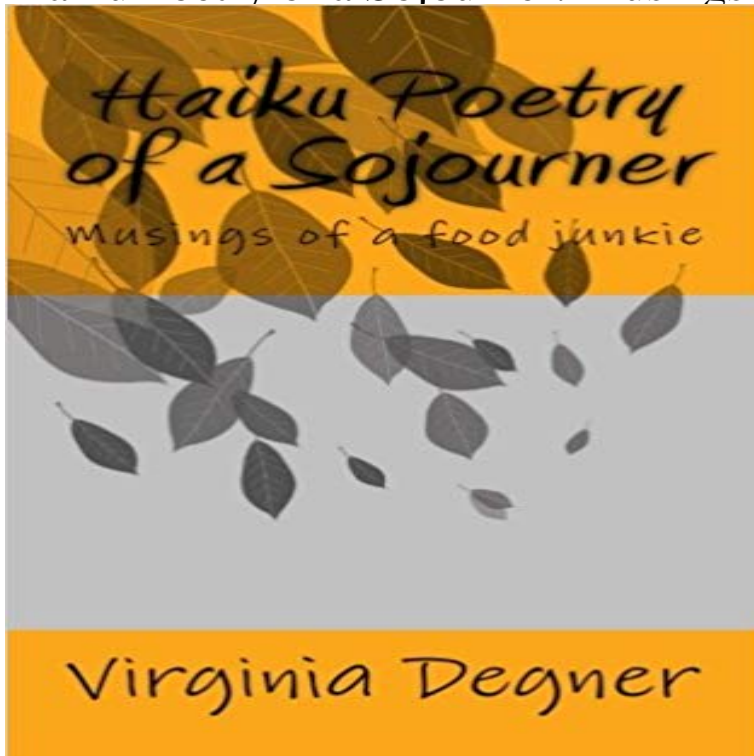


Haiku Poetry of a Sojourner: Musings of a food junkie



These Haiku poems deal with the issues of food addiction. The poems cover topics such as intimacy, fear, play, sharing secrets, and anger. The poems address one of the twelve steps of the recovery process within the poems. Virginia Degner is a former social worker and has a Masters degree in clinical psychology with a specialization in addiction.

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